

Learning With Families, Advocates & Professionals

Florida Down Syndrome Conference 2012



Friday & Saturday
February 24-25, 2012

University of Central Florida
UCF Student Union Building
4000 Central Florida Blvd.
Orlando FL 32816

**Featuring National & Local Experts on Advocacy,
Education, Health, Jobs and More!**



Toni Jennings
Exceptional Education Institute



UNIVERSITY OF CENTRAL FLORIDA
COLLEGE OF EDUCATION
Marriage & Family
Research Institute

The 6th Annual Florida Down Syndrome Conference ... it is four fresh events all rolled into one!

Join us for another fun and information-filled two days...

First there are three pre-conference sessions for those who want to delve into topics a little deeper. Second is the general conference that includes some especially big names this year and of course the usual inspiring speakers and workshops conducted by experts in every aspect of Down syndrome. Side by side with the general conference is the Self-Advocates Conference for teens/adults with DS (15 and up),



presented by UCF College of Education. And finally, there's the annual Awards Banquet as the Conference Luncheon. The cost of the Friday reception, Saturday breakfast and awards luncheon is included in your registration fee. Please note separate registration is required for Pre-Conference sessions and Self-Advocates Conference.

PRE-CONFERENCE SESSIONS –Friday, 2:00-5:00 p.m., Teaching Academy

P1: EI, EI, Oh!

Stacy Taylor, BCBA, early interventionist

What is Early Intervention and how do we really intervene early in a young child's life to encourage growth and development? This workshop will discuss how families (expectant parents, families with infants through 5 year olds) can best promote development in all areas. Get your little one off to a great start with easy and practical activities you can do at home! Stacy Taylor, MA, B.C.B.A. is a board-certified behavior analyst and educator. Recommended for parents of 0-5 year olds.

P2: What your other children without Down syndrome are thinking: Sibling Issues for Parents

Brian Skotko & Sue Levine

Through a series of interactive exercises, parents will explore what questions, needs, and concerns are often raised by children who have a brother or sister with Ds. Parents will come away with practical answers to commonly raised questions. This session draws upon Brian Skotko and Sue Levine's publication in American Journal of Medical Genetics and their book, Fasten Your Seatbelt: A Crash Course on Down Syndrome for Brothers and Sisters. Recommended for parents of children 5-12 years

P3: After High School: Now What? Kathy Becht, MA, facilitator & community experts

Need help navigating the maze of adult services? This session will feature experts on a variety of topics, such as Guardian Advocacy, Medwaiver services, Social Security Income, accessing job and independent living supports and more. Moderated by Kathy Becht of Expectations in Common and a nationally-recognized disability training consultant. Recommended for parents of teens and adults ages 13 years and up.

SELF-ADVOCATES CONFERENCE – Friday and Saturday

Coordinated by College of Education and for adults with Down syndrome, ages 15 and up. It will feature workshops ranging from wellness to job interviews to relationships. It is fun, enriching and empowering – with lots of volunteers to lend support. Care is taken to allow ALL participants to share and shine. Because of our commitment to self advocates, we are unable to accept onsite registration.

FLORIDA DOWN SYNDROME CONFERENCE REGISTRATION

Friday, Feb. 24, 2012 2 p.m. - 8 p.m. Saturday, Feb. 25, 2012 7:30 a.m. - 5 p.m.
University of Central Florida, Orlando, FL 32816

NAME: (As you wish it to appear on your name badge) _____

Attending Pre-Conference? YES NO P1-EI EI Oh! P2-Siblings P3-After High School

ADDITIONAL ATTENDEE NAME (spouse or family member) _____

Attending Pre-Conference? YES NO P1-EI EI Oh! P2-Siblings P3-After High School

Address: _____ State: _____ Zip: _____

Phone: _____ Fax: _____

E-mail: _____

(All confirmations will be sent via e-mail and will include directions for free parking)

Are you registering for the Self-Advocates Conference? YES NO

If yes, please indicate NAME: _____

Date of Birth _____ Special Requests (dietary, support, etc) _____

REGISTRATION FEES

Includes reception on Friday and snacks and lunch on Saturday. *Denote how many people.*

EARLY BIRD Individual (parent or professional) \$45 for DSACF members _____

\$50 for non-members _____

LATE-after 1/30 Individual (parent or professional) \$50 for DSACF members _____

\$55 for non-members _____

Child Name _____ (Under 12 years old-for luncheon meal on Sat.) \$5 per person _____

Self-Advocate \$45 per person _____

Pre-conference session \$15 per person _____

TOTAL: \$ _____

Make funds payable to: UCF Teaching Academy/DS

Mail completed registration form and check or PO to:

(Visit www.dsacf.org to register online using a credit card)

University of Central Florida

UCF Academy/DS Conference

Building 93-TA 420

PO Box 161250

Orlando, FL 32816-1250

**REGISTRATION DEADLINE
FEBRUARY 16**

EARLY BIRD registrations must be postmarked by Jan. 30, 2012 and all registrations must be postmarked no later than Thursday, Feb. 16, 2012. For more info, call 407-823-6705. If you need financial assistance, please contact your local FDLRS, Family Care Council, Early Steps office or other parent-support groups that provide parent training monies. Photocopy this form for additional registrants. Sorry, no refunds available.



Quinta Conferencia Anual de Síndrome de Down en la Florida. Cuatro eventos en uno!

Unete a nosotros para dos días de información y entretenimiento. 1) Pre-conferencia – seminarios específicos para familias de niños con Síndrome de Down. 2) Conferencia General, 3) Conferencia para Adolescentes con Síndrome de Down: se ofrecerá simultáneamente con la Conferencia General y se proveerá asistencia bilingüe. 4) Banquete de Premiación Anual: el banquete se llevará a cabo el día sábado durante el almuerzo y el costo está incluido en el pago de la registraci3n. Se requieren registraciones separadas para la Pre-Conferencia y para la Conferencia de Adolescentes con Síndrome de Down. Si necesitas asistencia para cubrir los gastos de la registraci3n, por favor visitar la nuestra p3gina www.dsacf.org para obtener m3s informaci3n. Los invitamos a todos a que participen en 3ste gran evento!

WORKSHOP DESCRIPTIONS

*Times, titles and speakers are subject to change

WORKSHOP A: 11:00 a.m. - 11:55 a.m.

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| A1: Keeping Children Healthy– the Latest Medical Updates for Parents & Professionals | Brian Skotko, MD & L. Pollack, MD |
| A2: Enabling Your Student’s Success | Lillian Sigler, FIN & Kathy Becht, MA |
| A3: The How’s & Why’s of Guardian Advocacy | Frank Nisi, Esq. |
| A4: Preparing Teens for College or Living Independently | Crystal Makowski, UNF |
| A5: Impact of Oral Motor Skills on Speech & Eating | Debra Beckman, SLP |
| A6: PT Pointers for Preschoolers | Jen Tucker, PhD, physical therapist |

WORKSHOP B: 2:00 p.m. - 2:55 p.m.

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| B1: Keeping Adolescents Healthy – the Latest Medical Updates for Parents & Professionals | Brian Skotko, MD & L. Pollack, MD |
| B2: Preschool Inclusion Do’s and Don’ts | Child Development Center, Rollins College |
| B3: Educational Advocacy Roundtable | Deb Gelinis, Jamie Jessup, Lauren Morris |
| B4: Common Dental Issues in Children & Adults with Ds | W. Michael Ingalls, DDS |
| B5: Financial Planning for People with Special Needs | Michael Allen, CFP |
| B6: Real-World Apps for Adults – Ipads & More | Pamela Resnick, PhD, FAAST |

WORKSHOP C: 3:00 p.m. - 3:55 p.m.

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| C1: State and National Advocacy Issues | Brian Skotko, Debbie Revels, DSAJ, Jenn Sikora, DSACF and Sen. John Thrasher |
| C2: Promoting Mental Wellness in Adults with DS | Andrew Daire, PhD, Amy Van Bergen, DSACF |
| C3: Dreaming Big & Following My Dreams | Peter Becht, self-advocate |
| C4: Verbal Behavior Therapy for Promoting Language | Stacy Taylor, BCBA |
| C5: OT Tips: Enhancing Fine Motor Skills Across the Ages | Rebecca Samaan, OTR/L |
| C6: ENT & Sleep Apnea Q an A | Drs. Akin Ajayi and Eric Jaryszack |

SELF-ADVOCATES CONFERENCE- Friday, 5:00 p.m.-8:00 p.m. & Saturday, 7:30 a.m.-5:00 p.m.

The Self-Advocates Conference will include keynotes as well as workshops like advocacy, preparing for a job interview, drama, dance, yoga, health and wellness, and other topics of their choice. For more details, please call: 407-823-6705. Sorry, due to our commitment to self-advocates, no onsite registration available.

CONFERENCE OVERVIEW

This 2-day conference will present state-of-the-art information and best practices concerning children and adults with Down syndrome, their families, and professionals that serve them.

CONFERENCE DATE

Friday, Feb. 24 5:00 p.m. - 8:00 p.m.
Saturday, Feb. 25 7:30 a.m. - 5:00 p.m.

SCHEDULE

FRIDAY, FEB. 24, 2012

2:00 p.m. – 5:00 p.m. in Teaching Academy

5:00 p.m. – 8:00 p.m.

5:00 p.m. ~ REGISTRATION CHECKIN BEGINS

1:30 - 2:00 p.m.	Pre-conference Registration Check-in
2:00 - 5:00 p.m.	Pre-Conference Workshops (<i>held in Teaching Academy Bldg.</i>)
5:00 - 6:00 p.m.	Registration & Reception in Student Union (Entertainment & VIP guests!)
6:00 - 8:00 p.m.	Welcome Andrew Daire , "Celebrating Differences, Celebrating Relationships" Dr. Brian Skotko , "Celebrating Life with Down Syndrome"

SATURDAY, FEB. 25, 2012

7:30 a.m. – 5:00 p.m.

7:00 - 7:30 a.m.	REGISTRATION
7:30 – 8:15 a.m.	Breakfast & \$100 gas card giveaway
8:15 – 10:45 a.m.	Dr. Brian Skotko , Welcome Dan & Samuel Habib "Including Samuel" Film Screening, Q & A
10:45 - 11:00 a.m.	BREAK
11:00 - 11:55 a.m.	Workshop Sessions A
12:00 - 1:45 p.m.	AWARDS LUNCHEON Lauren Potter , Keynote Speaker
2:00 - 2:55 p.m.	Workshop Sessions B
3:00 - 3:55 p.m.	Workshop Sessions C
4:00 - 5:00 p.m.	Closing & VIP Reception

WHO ATTENDS?

The pre-conference sessions, reception, and workshops are all designed to meet the needs of family members, educators, advocates, health care providers, and self-advocates.

LOCATION

Univ. of Central Florida
Student Union Building
Teaching Academy
(*preconference only*)
Orlando, Fl 32816

ACCOMODATIONS

Holiday Inn UCF

12125 High Tech Avenue
Orlando, Fl 32817

For a special conference rate of \$79 rate call 407-275-9000.

Radisson University Hotel

1724 Alafaya Trail
Orlando, Fl 32826

For a special conference rate of \$79 rate call 407-658-9008.

CONFERENCE COST

Early Bird DSACF Members
& All Self-Advocates are
\$45/Person

Non-members \$50

Late registration (**after 1/30**)
\$50 for DSACF members, \$55
for Non-members
\$15/person Pre-Conference

MEALS INCLUDED

Friday-Reception
Saturday- Breakfast, Awards
Luncheon Banquet, snacks.

MORE INFORMATION
407-823-6705



204 N. Wymore Road
Winter Park, FL 32789
info@dsacf.org



Registration deadline
Feb. 16, 2012
Only \$50
Includes All Meals: Reception,
Breakfast & Luncheon

Lauren Potter— When professionals told her she ‘couldn’t’ or ‘wouldn’t,’ Lauren Potter worked harder. Born into a family of three boys, and competing with her brothers for attention, she proved herself superior to the task. Lauren danced before she could walk and made her acting debut in the movie “Mr. Blue Sky.” Now in her third season with *Glee*, playing the part of Becky Jackson continues to open doors for Lauren, and she hopes those doors will open wider still! Lauren is thrilled to be using the public “voice” that *Glee* has given her to speak out for other people with disabilities. She has participated in the Abilitypath.org campaign, worked with the Special Olympics and Best Buddies programs in their “End the Word” campaign, and most recently, Lauren was appointed to the Presidential Commission on Intellectual Disabilities. A Special VIP Meet and Greet as well as preferred luncheon seating is available at additional cost for your chance to meet personally with Lauren and/or get a photo. Contact Ed or MaryAnn at 407.478.5621 for details.



A board-certified clinical geneticist at Children's Hospital Boston, Massachusetts General Hospital and Brigham &

Women's Hospital, **Dr. Brian Skotko** is one of the specialists in the Down Syndrome Program at Children's Hospital Boston. He co-authored along with his pre-conference copresenter **Sue Levine**, *Fasten Your Seatbelt: A Crash Course on Down Syndrome for Brothers and Sisters*. He’s been featured in *The Wall Street Journal*, *The New York Times*, *The Washington Post*, NPR’s “On Point,” and “Good Morning America.”

Dan Habib is the director, producer and cinematographer of the Emmy-nominated documentary, *Including Samuel*. The film has been featured on “Good Morning America,” NPR’s “All Things Considered,” and in the *Washington Post* and *Education Week*. Habib is Filmmaker in Residence at the Institute on Disability at the University of New Hampshire and Samuel will also be answering questions after the screening.

Dr. Andrew Daire is the Associate Professor in the Counselor Education program in the Department of Educational and Human Sciences at UCF. He is also Executive Director for the Marriage & Family Research Institute (MFRI) and has been connected to the DS community for 10 years.



L to R: Brian Skotko (brianskotko.com); Andrew Daire; Dan Habib (includingsamuel.com); and Sue Levine